

## TRANSITION/INTAKE PLANNING:

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- Individual's Strengths/Goals (interests, skills, talents, work history, etc.)
- Individual's Assessment of Needs (self-help skills, domestic skills, money management, social skills, medical needs, behavior management, etc.)
- Where would the Individual like to live and work?
- Referrals needed for services and/or resources
  - Applied for SSI/SSDI?
  - Health Insurance – Medicaid?
  - Guardian/conservator
  - Representative Payee
  - Residential Service Provider
  - IVRS/Vocational Service Provider
  - Housing Assistance/Food Stamps
- Crisis/Safety Plan (emergency numbers, what actions to take in crisis/emergency situations, etc.)

In case of emergency:

## Emergency Service 24-Hour Crisis Line 1-800-332-4224



Bobbie Wulf, MHDS Division Director &  
CPC Administrator  
Errin Sorrell, CPC Assistant  
Kim Dickinson, Administrative Assistant

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## WASHINGTON COUNTY MENTAL HEALTH DISABILITY SERVICES

P.O. BOX 902  
2175 LEXINGTON BLVD – 2  
WASHINGTON, IOWA 52353  
(319) 653-7751  
[bwulf@co.washington.ia.us](mailto:bwulf@co.washington.ia.us)  
<http://co.washington.ia.us>

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*Central Point of Coordination  
for  
Mental Health Disability Services*

## Transition/Intake Planning



## **SUPPORT SERVICE PROGRAMS**

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- Individuals with Mental Retardation:
  - Home and Community Based Services/MR Waiver
  - County Funded Services
  
- Individuals with Chronic Mental Illness:
  - Medicaid Funded Services
    - Community Support Services (CSS)
    - Intensive Psychiatric Rehabilitation Services (IPR)
    - Assertive Community Treatment (ACT)
  - Habilitation Services
  - County Funded Services
  
- Targeted Case Management Services can serve persons who have a diagnosis of MR, MI, CMI, BI, and/or DD and are enrolled in Medicaid.

## **RESIDENTIAL NEEDS**

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- Community Living
  - Hourly Supports (HCBS, CSS/CSP, Habilitation, etc.)
  - 24-hour Supports (HCBS-daily SCL)
  
- Institutional Living
  - Habilitation Services
  - RCF
  - ICF
  - PMI

## **VOCATIONAL NEEDS**

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- Community-Based Employment
  - IVRS
  - HCBS
  - Habilitation Services
  
- Workshop-Based Employment
  - HCBS
  - Habilitation Services

## **MENTAL HEALTH TREATMENT**

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- Outpatient
  - Counseling/Therapy
  - Psychiatric
  - Psychological Evaluation
  
- Inpatient
  - Hospitalization
  - Mental Health Institution

## **LOCAL ACCESS POINTS**

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1. **Advance Employment Services**  
319-653-7568
2. **Optimae Life Services**  
319-653-4782
3. **Southeast Iowa Case Management**  
319-653-6217
4. **Systems Unlimited**  
319-653-3356
5. **Washington County Community Mental Health Center**  
319-653-6161
6. **Washington County Mental Health Disability Services**  
319-653-7751
7. **WCDC, Inc.**  
319-653-7248